

Occupational Therapy Assistant

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Occupational therapy assistant with two years of clinical experience helping patients regain independence through targeted activities and exercises. Skilled in mobility support, ADL (activities of daily living) assistance, and documentation. Passionate about patient-centered care.

Key Skills

- ADL support Expert
- EMR documentation Proficient
- Fine motor coordination Competent
- Gait and mobility training -Competent
- Progress monitoring Competent
- Stroke recovery techniques -Amateur

Education

Associate of Applied Science (A.A.S.) in Occupational Therapy Assistant

Gateway Community College | Phoenix, AZ | May 2022

Certifications

Certified Occupational Therapy Assistant (COTA), Arizona | Active

Basic Life Support (BLS) | 2024

Professional Experience

Occupational Therapy Assistant

Desert Care Rehab | Phoenix, AZ | June 2023 - Present

- Supported treatment plans for 20+ patients weekly, helping improve fine motor skills in post-stroke clients by up to 30%
- Guided patients through ADL activities and tracked progress, resulting in improved self-sufficiency in 80% of cases
- Documented session outcomes in EMR system with 98% accuracy, contributing to streamlined interdisciplinary care

Rehabilitation Aide

Maricopa Health | Phoenix, AZ | March 2022 - May 2023

- Assisted OT staff with patient transfers and therapy setup, helping reduce prep time by 15%
- Maintained and sanitized equipment after each use, ensuring full compliance with safety protocols
- Recorded vital signs and exercise logs, improving therapist planning and daily session adjustments